



Heart of the Hills Swim Club, Inc.

November 10, 2009

Dear Heart Swim Team Families,

Thanks to everyone who has provided candidate suggestions and input to the search process for Tom's replacement. After an extensive interview process, we are very pleased to announce and introduce Paul Karas as our new Swim Team Head Coach starting with the 2010 season. A few highlights of Paul's background:

- Current Rochester High School Girls Varsity Swimming Head Coach
- Over 30 years of coaching experience at multiple levels including YMCA, high school, college, and summer swim club
- Over 40 years of personal competitive swimming experience – Hall of Fame inductee at both Rochester HS and Oakland University, college All-American and National champion, Masters-level champion
- Paul is also a Heart swim team alumnus – his family was one of the charter members of Heart (member #0036)

We are confident that Paul's wealth of experience, balanced approach to development of swimmers of all ages and levels, and passion for Heart make him the right choice to lead the team for many years to come.

Please join us in welcoming Paul back to the Heart family!

Sincerely,

Kirk Goins & Mike Wright
For the Board of Governors